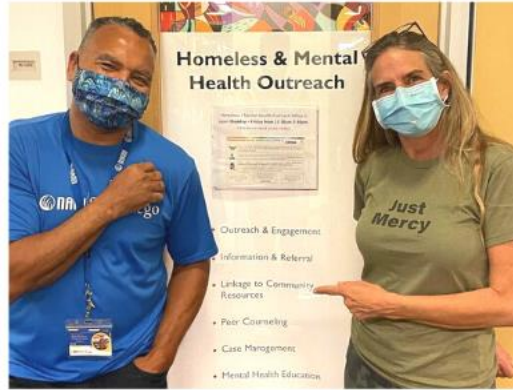


San Diego County Behavioral Health System of Care Peer Council



LIVE WELL
SAN DIEGO



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY

Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES

Introductions & Icebergs!

In the chat, please share:

Name

Role & Organization

Contact Email

Reminder: This meeting is being recorded for note taking purposes only.



Native American Heritage Month: George Pojas



Peer Council Minutes and Updates

- Potential in-person Peer Council Meeting this February!
- December is dark
- Interested in sharing your organization with the Peer Council or in a Town Hall?
 - Please scan the QR code with your phone camera or follow the link posted in chat!



Discussion



Highlight
Presentation/Q&A:
Jack Dailey



NAMI San Diego's Community Advocacy Trainings!

- NAMI National's SMARTS for Advocacy is an interactive training certification program that transforms passion and lived experience into skillful grassroots advocacy.
- It is open to those new to advocacy and those who have been amplifying voices for years.
- Completion certificates are achieved.
- After the completion of the base module, "Telling Your Story", advocates will be able to share their stories with the local community and policymakers.
- Every month, a Community Advocate will share their story with Peer Council!
- Interested? Scan QR code with phone camera or follow link in chat!



***Community
Advocate
of the Month:
Robert Wood!***



December "Telling Your Story" Trainings!

COMMUNITY ADVOCACY TRAINING!

Telling Your Story!

*Learn how to transform
passion and lived
experience into skillful
grassroots advocacy!*



**December 6, 2023
2:00 PM - 4:00 PM**



Register in advance by using QR code



**Community
Advocacy
Program**
NAMI SAN DIEGO & IMPERIAL COUNTIES



Reimagining Crisis Response Trainings!

Every 11 minutes,
someone loses their life to suicide.
A mental health crisis
deserves a mental health response.



Local Crisis Hotlines
& Call Centers



Mobile Crisis
Response Teams



Crisis Stabilization
Units & Options

COMMUNITY ADVOCACY TRAINING: REIMAGINING CRISIS RESPONSE

This training covers 988, mobile crisis response teams, PERT, local resources, and more! Virtual on Zoom!

Upcoming Trainings:
Tuesday, December 12, 2023
2:00 PM - 3:00 PM



12/12/23

Register in advance using QR code



Community Updates, Questions, or News!

Please share any events, updates or news you think the Peer Council should know about!

Please ask any questions you think members of Peer Council may help with!

Thank you!



Resources:

NAMI San Diego Helpline: **1-619-543-1434**

NAMI San Diego Warmline: **1-619-295-1055**

NAMI CalHOPE Crisis Number: **1-858-339-4239**

Crisis Text Line: **Text “NAMI” to 741741**

Mental Health Emergency Number: **988**

OscER - app.oscer.org

OscER Jr. - app.oscerjr.org

AlfrEDU - app.alfredu.org

Email: CommunityAdvocacy@namisd.org

Website: <https://namisandiego.org/services/advocacy/>

NAMI San Diego Website: <https://namisandiego.org/>

Instagram/Threads: @nami.san.diego

Facebook: NAMI San Diego



Thank You for Attending the SDCBHSOC Peer Council!



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