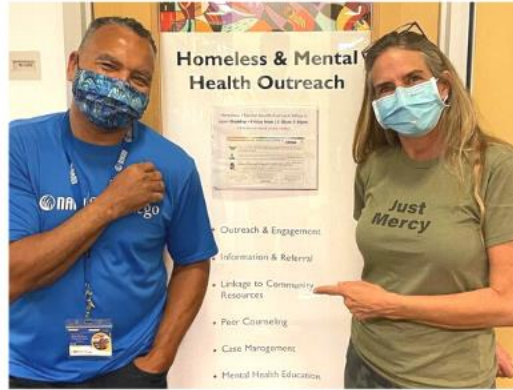


San Diego County Behavioral Health System of Care Peer Council



LIVE WELL
SAN DIEGO



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY

Community
Advocacy
Program

NAMI SAN DIEGO & IMPERIAL COUNTIES

WELCOME!

In the chat, please share:

Name

Role & Organization

Contact Email

Reminder: This meeting is being recorded for note taking purposes only.

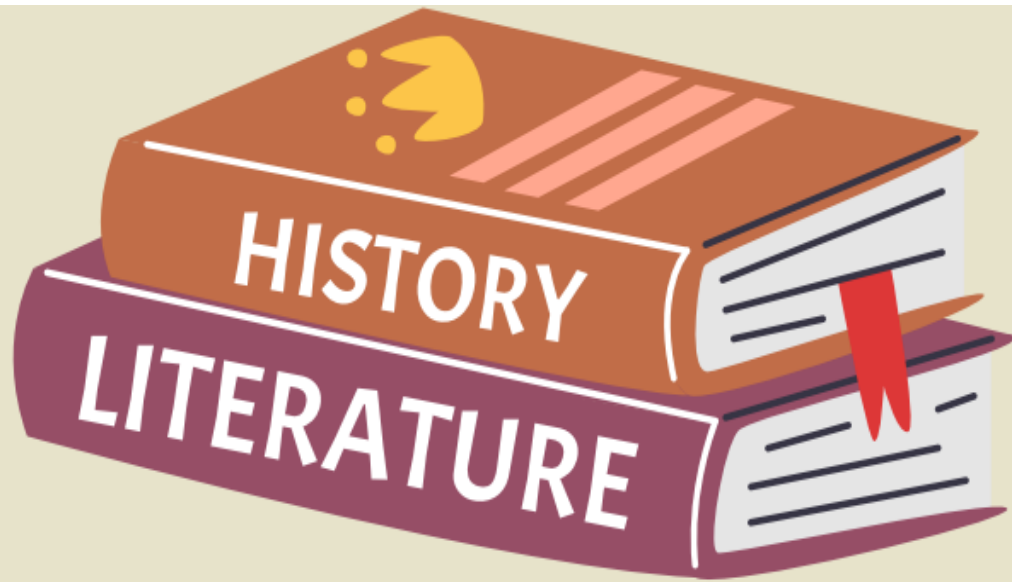




NAMI SD/IC Celebrating *Black History Month*

Black History Month is a celebration to commemorate the achievements of African-Americans throughout the history of the United States.





The History of Black History Month

In September of 1915, historian Carter G. Woodson and minister Jesse E. Morrlan founded the Association for the Study of Negro Life and History. This organization is known today as the Association for the Study of African American Life and History and sponsored a national Negro history week in 1926. They chose the second week of February for this celebration to coincide with the birthdays of Frederick Douglass and Abraham Lincoln. February officially became recognized nationally as Black History Month in 1976. Each year, the President of the US endorses a specific theme for Black History Month. This year's theme is African Americans and the Arts.

African Americans and the Arts

Alvin Ailey



HER

PDF with more information shared in chat!

SZA



Rashan Roland Kirk

Tracy Chapman

Octavia Butler

McKinley "Muddy Waters" Morganfield

Jimmi Hendrix

Alex Newell

James Reese Europe

Sun Ra

Diana Ross

Judith Jamison

Amiri Baraka

Janelle Monae

Phillis Wheatley

Sonia Sanchez

Robert Johnson

Lupe Fiasco

Edmonia Lewis

David Walker

Beyonce

Grace Jones

Henry O. Tanner

David Walker

Beyonce



Frantz Fanon

DJ Kool Herc

Mariah Carey

Maria Stewart

Usher

Langston Hughes

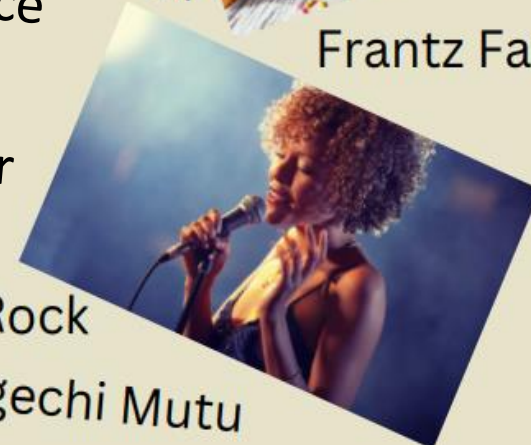
Nikki Giovanni

Riley "BB" King

Nalo Hopkinson

Josephine Baker

Coke La Rock



Lina Iris Viktor

Alicia Keys

Lois Mailou Jones

Wangechi Mutu

Upcoming Black History Month Events in San Diego County!



2024
Keepers of the Culture
Honoring Our Cultural Icons



KEEPERS OF THE CULTURE: HONORING OUR CULTURAL ICONS

FEBRUARY 24, 5:00 PM – 7:30 PM

On Saturday, February 24, 2024, from 5:00 pm – 7:30 pm the San Diego African American Museum of Fine Art in collaboration with the San Diego History will honor its 2024 Keepers of the Culture recipients.



RUSTIN MOVIE SCREENING & DISCUSSION

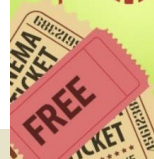
February 29th, 2024
6:00pm - 8:00pm

The Center's Auditorium
3909 Centre St, San Diego

Come and watch **Rustin** starring Colman Domingo with some popcorn and join us for a discussion after the movie.

Before this event: Join us for a phonebank event and enjoy a **free delicious meal!**

RSVP: bit.ly/rsvp-rustin



Showing Up Black

Building Black Power & Challenging Stereotypes

THE PANELISTS



DONNA DEBERRY
MODERATOR
PRESIDENT & CEO OF CSDBCC



MARK VELL
OWNER
STAY DOWN MOVING



MARISOL DOTTHARD
UCSD BIOMEDICAL
SCIENCES PHD STUDENT



RONALD P. CLARK
FOUNDER OF CLUB FBS
(FITTEDS, BOOKS & SNEAKERS)

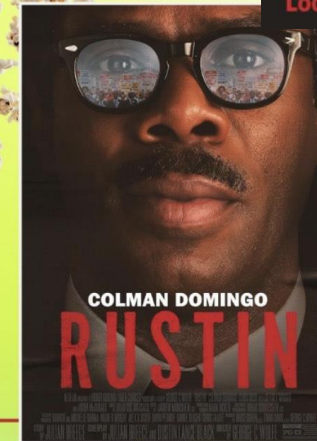
Join CSDBCC's

Black History Month Panelist Event

Location: UNIVERSITY CLUB

FEB 22

5:30 - 7:30 PM



NORTH SAN DIEGO COUNTY
**KIDS
STREAM
FESTIVAL**
SUNDAY
FEBRUARY 25

EVENT SPONSORS
BELEAF, Good, M, Genentech

A SCIENCE, ART & BLACK HISTORY MONTH EVENT
BELEAFINGOOD.ORG/KIDS

Peer Council Minutes and Updates

- Seats are open! Both MH and SUD.
- Shift towards advocacy will be primary focus.
- Potential in-person Peer Council Meeting this April.
- We are looking for people with lived experience to attend a Town Hall panel either March 16th, 17th, and/or 18th.
- Interested in sharing your organization with the Peer Council or in a Town Hall?
 - Please scan the QR code with your phone camera or follow the link posted in chat!



County Update:



PROPOSITION

1

AUTHORIZES \$6.38 BILLION IN BONDS TO BUILD MENTAL HEALTH TREATMENT FACILITIES FOR THOSE WITH MENTAL HEALTH AND SUBSTANCE USE CHALLENGES; PROVIDES HOUSING FOR THE HOMELESS. LEGISLATIVE STATUTE.

OFFICIAL TITLE AND SUMMARY

PREPARED BY THE ATTORNEY GENERAL

The text of this measure can be found on page 37 and the Secretary of State's website at voterguide.sos.ca.gov.

- Authorizes \$6.38 billion in state general obligation bonds for mental health treatment facilities (\$4.4 billion) and supportive housing for homeless veterans and homeless individuals with behavioral health challenges (\$2 billion).
- Amends Mental Health Services Act to:
 - Allow funding to be used to treat substance use disorders (instead of only mental health disorders);
 - Re-allocate funding for full-service treatment programs, other behavioral health services (e.g., early intervention), and housing programs;
 - Require annual audits of programs.

SUMMARY OF LEGISLATIVE ANALYST'S ESTIMATE OF NET STATE AND LOCAL GOVERNMENT FISCAL IMPACT:

- Shift roughly \$140 million annually of existing tax revenue for mental health, drug, and alcohol treatment from counties to the state.
- Increased state costs to repay bonds of about \$310 million annually for 30 years. These bond funds would be used to build (1) more places where people can get mental health care and drug or alcohol treatment and (2) more housing for people with mental health, drug, or alcohol challenges.

State Bond Cost Estimate

Amount borrowed	\$6.4 billion
Average repayment cost	\$310 million per year over 30 years
Source of repayment	General tax revenue



Arguments in Favor of Prop 1

Vote YES on Proposition 1: Treatment, Not Tents. Why does California face a humanitarian crisis of homelessness, mental illness and substance abuse? Our mental health system is broken. It goes back to the closure of the state's mental health hospitals in the 1960's and 70's when politicians dumped tens of thousands of patients into our communities and failed to provide alternative services to fill the gap. Mental health treatment has been underfunded for decades, and the COVID pandemic only made things worse. Proposition 1 will finally change that. Proposition 1 combines compassion and common sense. Proposition 1 authorizes \$6.4 billion in bonds and directs billions more annually to finally fix our broken mental health system and move people permanently off the streets, out of tents and into treatment.

- **EXPANDS COMMUNITY-BASED SERVICES:** Prop. 1 will expand community-based mental health and addiction services across the state and serve tens of thousands of Californians each year.
- **BUILDS SUPPORTIVE HOUSING:** The initiative will create supportive housing settings where over 11,000 Californians with the severest mental health needs can live, recover, stabilize and thrive.
- **PROVIDES TREATMENT OVER INCARCERATION:** One in three California prisoners has a diagnosed mental illness. Today, we spend over \$100,000 per incarcerated person. Research shows it's costly and counterproductive. Prop. 1 will prioritize treatment not punishment for the mentally ill.
- **HELPS HOMELESS VETERANS:** It is disgraceful that over 10,000 California veterans, many suffering from PTSD, are homeless and on the streets. Prop. 1 will provide \$1 billion to serve veterans experiencing homelessness, mental health and substance abuse issues.

- **ADDRESSES SHORTAGE OF MENTAL HEALTHWORKERS:** Currently, those with serious mental health issues can wait six months or longer just for an introductory appointment. Prop. 1 will help fund additional professionals so that people with mental health needs can get help in real time.

- **REQUIRES STRICT ACCOUNTABILITY:** Democrats and Republicans support Prop. 1 because it addresses mental health and homelessness without raising taxes. And Prop. 1 has strict accountability measures, including mandatory audits, to ensure that funds are spent as promised. California has the most acute homelessness epidemic in the nation. Meanwhile, nearly 1 in 7 California adults experiences a mental illness. This is a crisis only Californians can solve. Join first responders, mental health professionals, California veterans, and organizations supporting veterans like the California Association of Veteran Service Agencies. By voting YES on Proposition 1, we can finally establish a modernized mental health system that will serve the needs of all our residents, get our most vulnerable off the streets and offer every Californian a genuine shot at a brighter future. Choose compassion and common sense. Choose treatment over tents. Vote YES on Proposition 1.

Learn more at: treatmentnottents.com

Brian K. Rice, President California Professional Firefighters

James Espinoza, MS, President The Veteran Mentor Project

Jessica Cruz, MPA/HS, Chief Executive Officer National Alliance on Mental Illness—California



Rebuttal to Argument for Prop 1

We work directly with people struggling with mental health. We urge you to vote “no” because Proposition 1 will cause **EXTREME DAMAGE** to existing mental healthcare programs.

Supporters don't tell you **WHERE** Prop. 1 gets money to operate its programs, so we must: Prop. 1 **CUTS** existing county-level mental health services!

Prop. 1 **DIVERTS** one-third of existing funding from the voter-approved Mental Health Services Act (MHSA), allows many kinds of services to compete with mental healthcare for the remaining money, and sticks the state in charge of local programs and decisions.

The results will be **DEVASTATING** at the local level.

Cutting programs.

Firing healthcare workers.

Ending services for thousands of people.

Current MHSA programs are a **LIFELINE** for underserved communities and people without insurance. Many of these services **WON'T SURVIVE** Prop. 1's cuts. Prop. 1's pricey bonds are a **FALSE PROMISE** on homelessness. Two-thirds of the money is for time-limited and potentially “locked” treatment beds, **NOT PERMANENT HOUSING**.

When people leave treatment, they'll be **BACK ON THE STREETS**, still disabled, unable to work, again without housing.

Prop. 1 also fuels a **DANGEROUS** trend toward forced treatment. Studies show it's ineffective and is associated with higher suicide risks. **DISTURBINGLY**, Gov. Newsom unveiled his Prop. 1 at L.A. County General Hospital, which **FORCIBLY RESTRAINS** patients at a rate 50 times the national average!

Prop. 1 doesn't “fix” a broken system, it **BREAKS** something that's **WORKING**: the MHSA.

DON'T RAID current mental health programs to pay for Prop. 1. Please vote **NO!**

Heidi Strunk, CEO Mental Health America of California

Andrea Wagner, Executive Director California Association of Mental Health Peer-Run Organizations

Paul Simmons, Executive Director Depression and Bipolar Support Alliance of California



Argument Against Prop 1

Governor Newsom's Proposition 1 is a nightmare for taxpayers, cities and counties, and people with mental illness.

Prop. 1 is so huge, expensive, and destructive, it's already attracted a BIPARTISAN coalition of opponents.

Vote NO because:

PROP. 1 WILL COST TAXPAYERS MORE THAN \$10 BILLION. Prop. 1 puts taxpayers on the hook for DECADES to pay back new bonds. This isn't "free money!" It's credit card borrowing from Wall Street. According to Howard Jarvis Taxpayers Association, bonds are the most expensive and inefficient way to pay for a government program. And with interest rates today, it's a VERY BAD TIME to be taking on new bond debt, adding at least 60% IN INTEREST COSTS, costing taxpayers an estimated \$10.58–\$12.45 billion. This will take decades to pay back. The State should have prioritized spending through the budget process when we had a \$100 billion state budget surplus. Our children will be paying our debts, and their streets won't be any cleaner for it.

PROP. 1 ISN'T A SOLUTION TO HOMELESSNESS. The State has failed at reducing California's homelessness problem. Sacramento has already thrown \$20 billion at the crisis in the last five years without making significant progress. The number of unhoused people increased 6% last year. The State Auditor's Office is still trying to find where the billions went. We will indeed have more tents in our neighborhoods and fewer people in treatment if Prop. 1 passes.

If the state wants a grand solution for homelessness, it should attack the heart of the problem through the regular budget process—not expensive bond measures that RAISE TAXPAYER COSTS LONG-TERM. Californians are already some of the most over-taxed people in the country.

PROP. 1 CUTS SERVICES FOR THE MENTALLY ILL. In 2004, the voters passed Proposition 63, the Mental Health Services Act (MHSA), which dedicated funds for community-based mental health services. Prop. 1 STEALS AWAY almost 1/3 of that guaranteed annual funding from the "millionaire's tax" leaving already underfunded programs to fight for the remaining money. That's why CalVoices, California's oldest mental health advocacy agency, opposes it.

PROP. 1 MANDATES STATE CONTROL OVER LOCAL CONTROL, WITH REDUCED OVERSIGHT. California's 58 urban and rural counties all have different needs. Prop. 1 brings a one-size-fits-all program and puts a huge, unaccountable state agency in charge. The voter-approved MHSA was locally based, allowing counties to set their own priorities, with mandatory, independent oversight and accountability. Under Prop. 1, oversight and accountability are watered down, instead giving authority to the governor and his bureaucrats. This threatens effective programs that counties already offer.

Leave it to Sacramento to find a way to INCREASE COSTS, CUT VITAL PROGRAMS, and offer only UNPROVEN IDEAS! Far from being a magic solution, Prop. 1 is a multibillion dollar disaster that will hurt the very people it claims to help. And who's left holding the bag when Prop. 1 fails? The taxpayers, once again. THIS IS THE WRONG APPROACH. VOTE NO ON PROP. 1.

Senate Minority Leader Brian W. Jones

Assemblymember Diane B. Dixon

Heidi Strunk, CEO Mental Health America of California



Rebuttal to Argument Against Prop 1

Opponents of Proposition 1 want to ignore the crisis of homelessness, mental illness and substance abuse plaguing communities across California.

Their position is isolated and extreme.

Proposition 1 overwhelmingly passed the California Assembly and Senate with support from Democrats and Republicans because it's based on compassion and common sense.

- Proposition 1 doesn't raise taxes. Leading business organizations, including California Retailers Association, support Proposition 1 because it addresses the crisis for the long term without raising taxes.
- Proposition 1 makes better use of existing money. First responders and mental health experts support Proposition 1 because it provides badly needed reforms to the Mental Health Services Act by prioritizing housing solutions that get people off the streets and into care.

- Proposition 1 strengthens local control. Bi-partisan mayors across the state support Proposition 1 because it gives local communities desperately needed mental health and addiction treatment services to manage the crisis on the ground.

- Proposition 1 has tough guarantees. Veterans support Proposition 1 because it was written with strict accountability measures, including mandatory audits, to ensure that funds are spent as voters intend.

We can finally fix our broken mental health system and put tens of thousands of Californians on a path to greater health and dignity.

Vote YES on Proposition 1: Treatment, Not Tents.

Learn more at: treatmentnottents.com

Stephen Peck, Director California Association of Veteran Service Agencies

Jennifer Barrera, CEO California Chamber of Commerce

Alan W. Barcelona, Chair Orange County Coalition of Police and Sheriffs (OC Cops)



Areas of Interest for 2024!



Community
Partner Presentation/Q&A:
Imperial Beach Community Clinic



NAMI San Diego's Community Advocacy Trainings!

- NAMI National's SMARTS for Advocacy is an interactive training certification program that transforms passion and lived experience into skillful grassroots advocacy.
- It is open to those new to advocacy and those who have been amplifying voices for years.
- Completion certificates are achieved.
- After the completion of the base module, "Telling Your Story", advocates will be able to share their stories with the local community and policymakers.
- Every month, a Community Advocate will share their story with Peer Council!
- Interested? Scan QR code with phone camera or follow link in chat!



***Community
Advocate
of the Month:
Vic Martin!***



Community Advocacy Training: Telling Your Story!

COMMUNITY ADVOCACY TRAINING!

Telling Your Story!
Learn how to transform
passion and lived
experience into skillful
grassroots advocacy!



March 26, 2024
2:00 PM- 4:00 PM



Use QR code, or click on date to register in advance



Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES



Community Advocacy Training: Reimagining Crisis Response!

Every 11 minutes,
someone loses their life to suicide.
A mental health crisis
deserves a mental health response.



Local Crisis Hotlines
& Call Centers



Mobile Crisis
Response Teams



Crisis Stabilization
Units & Options

COMMUNITY ADVOCACY TRAINING: REIMAGINING CRISIS RESPONSE

This training covers 988, mobile crisis response teams, PERT, local resources, and more! Virtual on Zoom!

Upcoming Trainings:
Friday, 3/8, 2:00 - 3:30
Thursday, 3/14, 2:00 - 3:30



3/8/24



3/14/24

Community
Advocacy
Program

NAMI SAN DIEGO & IMPERIAL COUNTIES

RSVP by clicking on a date or scanning the QR code



2024 CYF May Mental Health & Well-Being Celebration!

Children, Youth, & Families
Mental Health & Well-Being Celebration!

Lighting the Path to Social Justice!

Meet many local organizations & resources!
Music, drum circles, & bubble dance parties!
Activities, artwork, and games for all ages!
Opportunity drawings for many prizes!

May 11, 2024
2:00 to 6:00PM
Grossmont Center
Main Courtyard
5500 Grossmont Center Drive
La Mesa, CA 91942

LIVE WELL SAN DIEGO

COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY

Community Advocacy Program
NAMI SAN DIEGO & IMPERIAL COUNTIES

This year's Mental Health & Well-Being Celebration will be held on **Saturday, May 11, 2024** from **2:00 to 6:00 PM** in the main courtyard of **Grossmont Center!**

At this event:

- Meet with many local organizations and resources that serve San Diego County!
- Join in fun activities, art projects, and games for all ages!
- Jam out to music, share in a drum circle, and dance with bubbles!
- Take a photo home from our free photo booth!
- Collect raffle tickets throughout the event that go towards our opportunity drawing for great prizes!

We will be celebrating National Children, Youth, and Families Mental Health Week and honoring the theme of "Lighting the Path to Social Justice" from the National Federation of Families!



2024 CYF May Mental Health & Well-Being Celebration!



Community Based Organizations Wanted for Resource Fair!

- Share information about your organization to high number of attendees!
- Network with other local organizations!
- Run a table with fun activity for all ages!
- Arrive early for set up!
- Stay after for take down!

May 11, 2024
2:00 to 6:00PM
Grossmont Center
Main Courtyard
5500 Grossmont Center Drive
La Mesa, CA 91942

Interested?
Link in chat!
Or email us at
[CommunityAdvocacy@namisd.org!](mailto:CommunityAdvocacy@namisd.org)

LIVE WELL SAN DIEGO
COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY
Community Advocacy Program
NAMI SAN DIEGO & IMPERIAL COUNTIES

Resource table opportunity for community-based organizations in San Diego County! Here is what hosting a table at our resource event entails:

- Share information about your organization to a high number of attendees!
- Network with other local organizations!
- Run a table with a fun activity for all ages!
- Arrive early for set up and stay after for take down!

Interested? Apply through the link in chat or by emailing us at

[CommunityAdvocacy@namisd.org!](mailto:CommunityAdvocacy@namisd.org)



2024
May
Event
Planning
Meeting!



Come and Join
Every Third Thursday of each month March - April
Time: 1:00 PM - 2:00 PM

***May
Event
Planning
Meeting***

Come bring your ideas and help plan our Youth Mental Health & Well Being Celebration!

***RSVP by using link below
Zoom Link***

 **NAMI** | San Diego and Imperial Counties
National Alliance on Mental Illness

 **COUNTY OF SAN DIEGO**
HEALTH AND HUMAN SERVICES AGENCY

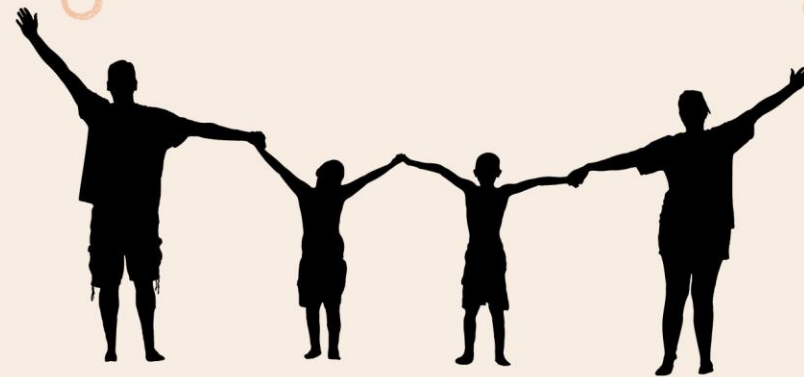
 **LIVE WELL**
SAN DIEGO



**Family & Youth
Partners
Subcommittee!**

*Family Youth
Partner
Subcommittee*

*Every Third Thursday of each month
Time: 2:30 PM - 3:30 PM*



*RSVP by emailing
CommunityAdvocacy@namisd.org*



Seeking New Seat Members for this Peer Council!



*Calling Youth Ages
(16-26) and Caregivers*

**WHO ARE PART OF THE MENTAL HEALTH
AND SUBSTANCE USE COMMUNITY!**

**JOIN OUR PEER COUNCIL
AS A SEAT MEMBER!**

LET YOUR VOICE BE HEARD!

**INTERESTED?
CLICK THIS
APPLICATION
LINK**



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY



San Diego and
Imperial Counties



LIVE WELL
SAN DIEGO



Resources:

NAMI San Diego Helpline: **1-619-543-1434**

NAMI San Diego Warmline: **1-619-295-1055**

Crisis Text Line: **Text "NAMI" to 741741**

Mental Health Emergency Number: **988**

OscER - app.oscer.org

OscER Jr. - app.oscerjr.org

AlfrEDU - app.alfredu.org

Email: CommunityAdvocacy@namisd.org

Website: <https://namisandiego.org/services/advocacy/>

NAMI San Diego Calendar: <https://namisandiego.org/calendar/>

Instagram/Threads: **@nami.san.diego**

Facebook: **NAMI San Diego**



Community Updates, Questions, or News!

Please share any events, updates, or news you think members of the Peer Council should know about!

Please ask any questions you think members of Peer Council could help with!

Thank you!



Thank You for Attending the SDCBHSOC Peer Council!



LIVE WELL
SAN DIEGO



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY

Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES