

**SAN DIEGO COUNTY BEHAVIORAL HEALTH SYSTEM OF CARE**  
**PEER COUNCIL MINUTES**  
**JANUARY 2024**  
**27 PARTICIPANTS**

- **Welcome**
  - Remembering Gwen Miramontes
- **Review of Meeting Summary**
- **Council Updates and Announcements**
  - Potential in-person Peer Council meeting in March or April
  - If you are interested in sharing your organization with the Peer Council or in a Town Hall use the link below.
    - [Peer Council Guest Speaker Interest Form](#)
- **Updates from COR/Seats Meet:**
  - A recommended method of staying up to date with the county is attending the monthly Board of Supervisors meeting.
  - We aim to have something like the other council's director's updates.
  - The state of peer support services is still in flux and we intend to stay up to date on any changes.
  - The Peer Council is the voice for peers in the county. The county created us to know what is needed in the peer community. What needs to be done. The county will consider whatever feedback or cause that we bring to them.
- **Questions for the COR:**
  - Peer Question: Is there an update on the Peer Support Specialist Medi-Cal ability to bill insurance?
    - *Dr. Phuong Response: Peer Support Specialists are billing in both mental health SUD Medi-Cal certified programs. The caveat to this is that the peer support specialist has to be certified in order to bill. If a peer support specialist is in a program and not currently billing (ex. Warmline, clubhouses), the program isn't billing either. There are new initiatives coming out such as BH connect. This allows certain services that were previously unable to bill such as employment and clubhouse services to be billable in the future. BH connect goes live in January 2025. It also depends on Prop 1 which is going out to voters in March. It is a state proposition combining assembly bill 531 and senate bill 326. Assembly bill 531 is about behavioral health infrastructure. Senate bill 326 is the modernization of the behavioral health services act. If Prop 1 gets approved, it will go live in July 2025.*
- **Bayview Behavioral Health Crisis Stabilization Unit** presented by Jasmine Tavaréz
  - Bayview Crisis Stabilization Unit
    - Mission Statement
      - Here to help de-escalate a person's level of distress, prevent or treat a behavioral health crisis, and reduce acute symptoms of a mental health condition.

- County Contracted & Funded
      - Bayview CSU is a county contracted emergency mental health service provider regardless of insurance.
- Location
  - 330 Moss Street Chula Vista CA 91911
  - Direct Phone Number: (619) 585-4221
  - Entrance at Lower Level. The Bayview CSU has a separate entrance towards the lower level of the parking lot. There is a phone outside the building for clients to utilize to be escorted safely into the building.
    - Walk-in's welcome!
- Bayview Crisis Stabilization Unit Supports:
  - Anyone 18+ experiencing mental health challenges
  - Those experiencing thoughts of self harm or suicide
  - Clients in wheelchairs, however, client must be able to utilize facilities and clothe themselves semi-independently
  - Those that are undocumented
  - Those experiencing homelessness
  - No ID or medical insurance needed.
  - Available 24/7/365
- Emergency Interventions - Psychiatric 5150 Evaluation Criteria
  - CSU can accept those that meet the 5150 psychiatric criteria.
  - CSU cannot accept those who are highly under the influence of substances, actively combative to others, or engaging in self harming behaviors.
  - The CSU does have connections to higher level inpatient care facilities so evaluations can still be made.
- Triage & Next Steps
  - Security Check-In & Consent Form Process
  - Medical Insurance Verification & Support
  - Brief Nursing Assessment
  - Behavioral Health Assessment
  - Psychiatric Assessment
  - Collaborative Treatment Planning
  - Coordination of Care
  - Safety Planning & Discharge Planning
- Treatment Planning
  - The staff meets the clients where they are at emotionally. After every evaluation in the intake process, plans for continued care are referenced. Scheduled appointments are made and discharge is planned.
- Timeline of Care
  - All clients currently receive mental health treatment for up to 24 hours of supervised care.
  - Work is being done to extend the time limit if needed.
- Additional Benefits

- Trauma Informed & Safe Environment
  - Culturally Competent & Friendly
  - No appointment is necessary
  - Translation services available - with access to over 200 languages
  - Shower room available for all clients to utilize
  - Donated clothes available
  - Free meals & snacks provided throughout the treatment process and timeline
  - Tours are available
  - Can provide transportation upon discharge
- Contact:
  - Jasmine Tavarez - Outreach and Marketing Coordinator
    - Email: [jtavarez@primehealthcare.co](mailto:jtavarez@primehealthcare.co)
    - Phone Number: (619)510-5539
- Q&A
  - Peer Question: The CSU sounds like a peer respite. Is it designed to be like that? A peer respite is run by peers as opposed to having peers supplement the staff.
    - *Jasmine Response: We do have peers on staff, however, our facility leans more to clinical modalities. We also have clinicians on staff who have experience working with those voluntary and borderline voluntary care. We definitely practice informed consent.*
  - Peer Question: Is ASL available?
    - *Jasmine Response: ASL is available.*
- **NAMI San Diego's Community Advocacy Trainings**
  - NAMI National's SMARTS for Advocacy is an interactive training certification program that transforms passion and lived experience into skillful grassroots advocacy.
  - It is open to those new to advocacy and those who have been amplifying voices for years.
  - Completion certificates are achieved.
  - After the completion of the base module, "Telling Your Story," advocates will be able to share their stories with the local community and policymakers
  - Every month a community advocate will share their story with the Peer Council
  - January Training Dates:
    - Reimagining Crisis Response Trainings:
      - January 17<sup>th</sup>, 2023 2:00 PM - 3:00 PM
      - January 23<sup>rd</sup>, 2023 2:00 PM – 3:00 PM
    - [Community Advocacy Training Interest Form](#)
    - Community Advocate of the Month:
      - Heather Wilson - Peer Support Specialist
- **Community Updates, Questions, or News!**
  - Youth Mental Health Celebration hosted by NAMI San Diego's Community Advocacy Team happening in May.

- Planning  
Meeting: <https://us02web.zoom.us/j/9271512345>
- Peer Question: What ages does this event cover?
  - *Mina Answer: This is a family friendly event so it's available to all ages.*
- Family Youth Partner Subcommittee hosted by NAMI San Diego
  - Family Youth Partner Subcommittee Zoom Link:  
<https://us02web.zoom.us/j/9271512345>
- **Thank you for Attending!**

**Next Council Meeting: February 20th, 2023, 2:00pm – 3:30pm**