

# Transitions Age Youth Mental Health Project (TAYMHP)

TRANSITION AGE YOUTH MENTAL HEALTH PROGRAM (TAYMHP) IS CONDUCTED BY NAMI SAN DIEGO IN PARTNERSHIP WITH THE SAN DIEGO REGIONAL CENTER IN IMPERIAL COUNTY. OUR PROJECT IS FUNDED BY THE MENTAL HEALTH SERVICES ACT (MHSA) IN PARTNERSHIP WITH THE DEPARTMENT OF DEVELOPMENTAL SERVICES.

Our team will help to identify if someone is struggling with mental health concerns and connect to needed services; provide strategies and support, including accompanying to IEP meetings.

## WHO IS ELIGIBLE FOR TRANSITION AGE YOUTH MENTAL HEALTH PROJECT?

- Individuals age 14 to 22
- Live in the Imperial Valley
- Are served by the San Diego Regional Center, and
- Have a dual diagnosis or are risk developing a mental health condition but not effectively accessing mental health services or treatment.

## FOR QUESTIONS, CONTACT:

Mario Rios,  
Program Manager  
Phone: 760-970-4615  
Cell: 760-259-8879  
[MarioRios@namisd.org](mailto:MarioRios@namisd.org)  
1503 N Imperial Ave, Suite 205  
El Centro, CA 92243

