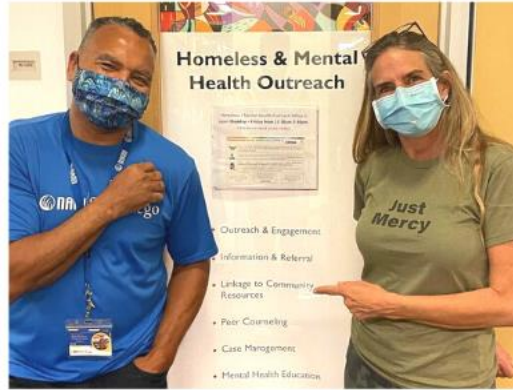


San Diego County Behavioral Health System of Care Peer Council



LIVE WELL
SAN DIEGO



Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES

Introductions and Icebergs!

In the chat, please share:

Name

Role & Organization

Contact Email

In celebration of San Diego Comic Con taking place this week, please share with the group:

Who is your real-life superhero?

How do they make your life, the community, or the world a better place?



Minority Mental Health Awareness Month!

Bebe Moore Campbell

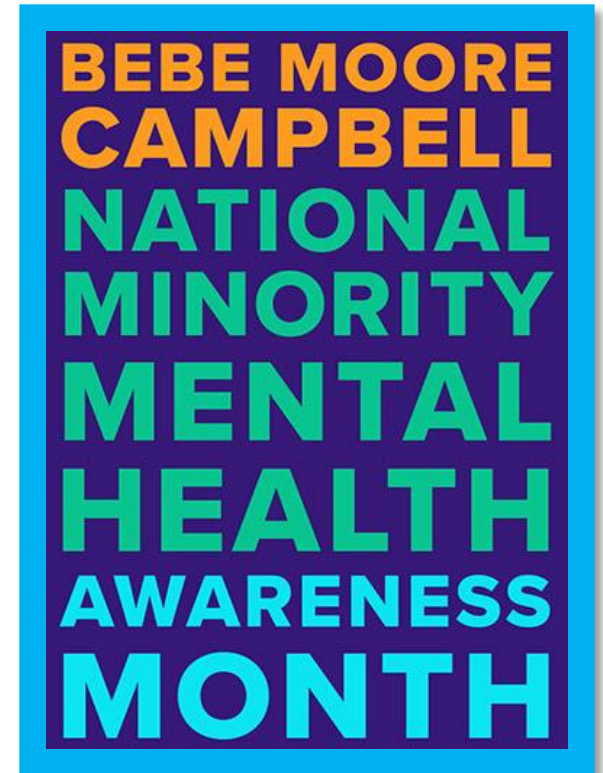
- Accomplished author, journalist, and teacher.
- Lived experience as a parent of a child with mental illness in a broken system and learning how to get help and support.
- Founder of NAMI Inglewood; created a safe space for Black families in a predominantly Black neighborhood to talk about mental health concerns and find resources.
- "Once my loved ones accepted the diagnosis, healing began for the entire family, but it took too long. It took years... It's not shameful to have a mental illness. Get treatment. Recovery is possible!"



Minority Mental Health Awareness Month!

Bebe Moore Campbell

- June 2, 2008, Congress formally recognized June as Bebe Moore Campbell National Minority Mental Health Awareness Month.
- The resolution was sponsored by Rep. Albert Wynn [D-MD] and cosponsored by a large bipartisan group to achieve two goals:
 - Improve access to mental health treatment and services and promote public awareness of mental illness.
 - Name a month as the Bebe Moore Campbell National Minority Mental Health Awareness Month to enhance public awareness of mental illness among underserved communities.



Updates

- The Peer Council now has an interest list form for those interested in presenting as guest speakers at the Peer Council



Behavioral Health Advisory Board

- [Behavioral Health Advisory Board \(sandiegocounty.gov\)](https://sandiegocounty.gov)
- [Purpose Statement and Board Priorities](#)
- [Meeting Materials](#)
- [June Meeting Minutes](#)
- [Contact Us](#)



East Regional Collaborative Presentation



Medi-Cal Peer Support Certification Process



Peer Training and Placement Program

- **Cost:** FREE
- **Location:** Online (through Zoom)
- **Days:** 2.5 weeks, Mondays-Fridays*
- **Time:** 12:30-4:30 pm (including breaks)* – participants are required to factor in an additional 28 hours outside of sessions for homework and training support.
- **Virtual Office Hours:** Offered weekly, 10-11 am (participants are required to attend 1 out of the 3 virtual office hours)
- Follow-up support, career counseling, and career placement assistance.
- Upcoming Trainings
 - **Cohort 5:** August 16-September 1
 - **Cohort 6:** September 18-October 4
 - **Cohort 7:** October 23-November 8
 - **Cohort 8:** November 29-December 15



Peer Training and Placement Program

Eligibility:

- Do not have a CalMHSA scholarship.
- Intend to become state certified as a Peer Support Specialist (PSS), including sitting for the state certification exam.
- Be at least 18 years of age.
- Reside in San Diego or Imperial County.
- Possess a high school diploma/equivalent (or higher) degree.
- Live with a mental health and/or substance use condition; or as the parent, caregiver, or family member – support a loved one living with either of these conditions.
- Be willing to share your experience.
- Have a strong dedication to recovery.
- More information found on website



Peer Training and Placement Program Flyer



San Diego and Imperial Counties

Medi-Cal Peer Support Specialist Certification (PSSC) Training

80 hour online state training offered through NAMI San Diego and Imperial Counties, meeting the training requirements for peer certification in California.

Presented by the Peer Training and Placement Program; Approved by CalMHSA and in partnership with



Sessions begin August 16th 2023; 12:30 pm



DETAILS

Cost: FREE

Location: Online (through Zoom)

Dates: Mon.- Fri., August 16th - September 1st, 2023

Time: 12:30-4:30 pm* (live attendance for the 52 hours of sessions required; breaks provided)

*Participants are required to factor in an additional 28 hours outside of sessions for homework and training support

- Training approved by CalMHSA meeting the training requirement for peer certification in California
- 13 days of sessions
- Office Hours to supplement training content and support
- Follow-up support, career counseling, & career placement assistance
- Certificate of Completion awarded after completing 80 hour training

ELIGIBILITY

You must meet the following qualifications:

- Intend to become state certified as a Peer Support Specialist (PSS), including sitting for the state certification exam
- No certification scholarship*
- Interested in seeking/maintaining placement as a PSS or related role
- Live with a mental health and/or substance use condition; or as the parent, caregiver, or family member - support a loved one living with either of these conditions
- Be at least 18 years of age
- Reside in San Diego or Imperial County
- Possess a high school diploma/equivalent (or higher) degree
- Have access and ability to utilize computer, laptop, and internet connection with which you can see, hear, and speak
- Willingness to commit to staying in communication with trainers for 6 months of follow-up support

*If you have a scholarship, reach out for more information

TO EXPRESS INTEREST

Go to: <https://forms.office.com/r/3V6qPGsrcP>

Questions? Visit our website: namisandiego.org/pssc



NAMI San Diego's Community Advocacy Training is Here!

- NAMI National's Smarts of Advocacy is an interactive training certification program that transforms passion and lived experience into skillful grassroots advocacy.
- It is open to those new to advocacy and those who have been amplifying voices for years.
- Completion certificates are achieved.
- After the completion of the first module, "Telling Your Story", advocates will be able to share their stories with the local community and policymakers.
- Community Advocates will be sharing their stories each council meeting every month!





Advocate Feature of
the Month:
Shannon Switzer!

Our Next Training!

COMMUNITY ADVOCACY TRAINING!

Telling Your Story!

*Learn how to transform passion
and lived experience into skillful
grassroots advocacy!*

*Email your RSVP to
CommunityAdvocacy@namisd.org
or click on a date to register!*



Multiple Training Dates!
Click on a date to register:
Tuesday, July 25 - 2:00 - 4:00 PM
Thursday, July 27 - 2:00 - 4:00 PM



Community
Advocacy
Program



NAMI SAN DIEGO & IMPERIAL COUNTIES

Resources:

NAMI San Diego Helpline: **1-800-523-5933**

NAMI San Diego Warmline: **1-619-295-1055**

Crisis Text Line: **Text "NAMI" to 741741**

OscER - app.oscer.org

OscER Jr. - app.oscerjr.org

AlfrEDU - app.alfredu.org



CAP Email: CommunityAdvocacy@namisd.org

CAP Website: [Advocacy – NAMI San Diego](http://Advocacy - NAMI San Diego)

NAMI San Diego Website: <https://namisandiego.org/>

SOCIAL MEDIA: *IG/Twitter* @nami.san.diego

Facebook: NAMI San Diego



Thank You for Attending the SDCBHSOC Peer Council!



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