**AUGUST 2023 PEER COUNCIL**

**MINUTES**

**29 participants**

* **Welcome**
  + Grief Awareness Month
    - August 30th is National Grief Awareness Day
      * Ways to observe National Grief Awareness Day
        + Support a grieving friend
        + Engage in self-care
        + Let others know about National Grief Awareness Day
* **Reconstructing Behavioral Health Services**
  + *Presented by Elizabeth Knight*
  + BHS used to be structured as adults and older adults in one sector, children, youth and families in another, and prevention and support services as the third sector.
  + Now they have expanded and have 450 staff. Restructuring was needed to refocus the behavioral health mission.
* *BHS Programs and Services – Cecily Thornton-Stearns is the Chief Program Officer* 
  + They have 4 sectors that are color coded
  + The colors are blue, green, gray and peach
  + Dr. Piedad Garcia is the deputy director of team blue, Cara Evans Murray is the deputy director of team green, Yael Koenig is the deputy director of team gray, and Charity White is the deputy director of team peach.
  + *Team Blue consists of:*
* Crisis, ACT, Care Coordination and Care Management – includes Assertive Community Treatment (SCT) programs, County-operated case management and enhanced care coordination, recovery and bridge services, Crisis Stabilization Units (CSU), Psychiatric Emergency Response Teams (PERT), and Mobile Crisis Response Teams (MCRT).
* Housing and Homelessness – Includes Augmented Service Programs (ASP) Adult Residential Facilities (ARF) and Residential Care for the Elderly (RCFE), homeless outreach, Community Harm Reduction Teams (C-HRT) and Safe Havens, housing navigation services, housing vouchers, Mental Health Services Act (MHSA) housing developments, units and vouchers, and development of the 5-year Strategic Housing Plan.
* *Team Green consists of:*
* Outpatient 1 – Includes Biopsychosocial Rehabilitation Programs (BPSRs), outpatient SUD treatment programs, CalWORKs programs, hybrid outpatient programs, Opioid Treatment Programs (OTPs), and ambulatory withdrawal management.
* Prevention and Support Services – Prevention and Support Services unit will be expanded to include new COR teams, leadership positions, and services. Existing services include SUD prevention services, DUI programs, MHSA Prevention and Early Intervention services, and will expand to include clubhouse, supported employment, faith-based services, and peer services.
* *Team Gray consists of:*
* Outpatient 2 – Includes children’s school-based mental health services, therapeutic behavioral services, outpatient substance use disorder (SUD) programs, Pathways to Well-Being, and Continuum of Care Reform (CCR).
* Juvenile Forensic Services – Juvenile forensic services are County-operated programs that include Stabilization, Transition, and Treatment Team (STAT), Youth Development Academy (YDA), and Healing Opportunities for Personal Empowerment (HOPE).
* *Team Peach consists of:*
* Residential, Inpatient, Long Term Care – The residential, impatient, and long-term care (LTC) shift will occur in phases. In the first phase, the team will oversee SUD residential, transitional residential, short-term residential therapeutic programs (STRTPs), and children’s acute services, with future phases to include long-term care and adult inpatient acute care services.
* Public Conservatorship and Community Assistance Recovery and Empowerment (CARE) Act Team – This new unit supports individual involved in adult mental health civil court processes and consists of the Public Conservator (PC) Team that shifted to BHS from Aging and Independence Services (AIS) in November 2022 and the newly established CARE Act team.
  + *Q&A*
    - Question: Will the names stay with the colors?
      * *Answer: Eventually they would be changed with different titles*
* **Clubhouse Discussion**
  + *Presented by Daniel Kasperick*
    - Works at Mariposa Clubhouse in Oceanside, CA.
    - He has been there for 10 years. He worked at 3 different locations.
    - He is a peer support specialist that started his career by volunteering and working in the kitchen
    - There are NAMI connection groups at clubhouses.
* People at the clubhouses get help with housing, clothing, food, and case management.
  + *Old vs. New Clubhouse Model*
    - Old clubhouse module had a lot of case management with peers at the bottom.
    - New clubhouse module has everyone at the same level. Everyone helps the residents get back into the community with getting jobs and an education along with food and shelter.
  + Question: How can peers be involved?
    - *Answer: We have many events that involve input from the peers. We have a trivia night, open mic night, and other fun events for those who are peers enrolled in the clubhouse.*
* *Contact:*
  + Daniel’s email: Dan Kasperick dkasperick@gmail.com
  + Mariposa Clubhouse 760-439-2785
* **Jewish Family Services Presentation**
  + *Presented by Melissa Hall* (Patient Advocacy Supervisor)
* Jewish Family Services was founded in 1918 by Jewish women to help with persecution.
* Their services are open to everyone. They have a few programs geared specifically towards issues affecting the Jewish community but the rest of their services are geared to everyone.
* They serve all San Diego County to Riverside
* *Contact:*
* Jewish Family Services Access Line number (858) 637-3210
* **Advocate Feature**
  + Advocate of the Month
    - Melissa Penaflor
    - Next training August 16, 2023 - 2:00 PM - 4:00 PM

**Next Council Meeting:**

**September 19, 2023**