Student Self Leadership Training
NAMI SAN DIEGO

The Program
This program is designed to be taught in a minimum of five one-hour engaging sessions. Students learn key concepts, practice new skills, and have fun connecting with other students. They finish with a positive attitude, clear goals, and an understanding of what they need to achieve them.

Social Emotional Learning Competencies
- Self-Awareness
- Social Awareness
- Responsible Decision Making
- Self-Management
- Relationship Skills

Build the Skillset of a Self-Leader
- Goal Setting
- Diagnosing
- Matching

Build the Mindset of a Self-Leader
- Activate Points of Power
- Challenge Assumed Constraints
- Become Proactive

Sign up NOW, Space is Limited
Contact- Karen Lenyoun - EYC Program Manager
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NAMI San Diego
Blanchard Institute
Elevate Youth California