Behavioral Health Emergency Response Plan (ERP)

Date Completed: _					
First Name:		Middle Initial:	Last Name:	Gender:	
				State:	
				Primary Language:	
				dren, access codes, pet care, an and Advance Directive etc.)	
	ntact Informati	OT (Concept to pales	co information must be	obtained by treatment providers)	
				Phone #:	
				Zip Code:	
	Ime:				
Conservator Name	: (LPS-attach copies of documen	.tation)		#:	
Medical Inform	mation (For use by Fi	irst Responders and e	mergency medical pers	onnel only)	
Mental Health and	/or Substance Use:				
_	ns: List name, dosage &			counter):	
Health Insurance F	Provider:		Insurance Phone #:	·	
			Insurance ID #:		
			Phone #:		
				e #:	
Primary Care:				Phone #:	
Preferred Hospital: Phone #:					
Preferred Crisis Ho	ouse:		Phone	e #:	
I,	, authorize this for	m to be used and rele	eased to First Responde	ers and emergency medical personnel.	
Signature:			Date:		
Information Subm	itted by (print name):				
-				#:	
				te: Zip Code:	
Signature:			Date Signed:		

The ERP form is to be shared with First Responders and emergency medical providers and returned to the person presenting the form once the information has been obtained. The ERP should not be placed in the consumer's medical record without his/her consent.

When should I call Police/Emergency Services or 911?

There are many reasons why you might call 911. The following is a partial list of the primary mental health and psychological emergencies that 911, police and EMS handle.

Self-Assessment:

- I am feeling in need of urgent mental health assistance.
- I am feeling suicidal and I am at risk for attempting suicide.
- I feel I am at risk of harming others, or am having difficulty controlling impulses to harm others

When observing others:

- Exhibiting strange, unusual or disorganized behavior. When the behavior may be dangerous, a medical emergency or a mental health related problem.
- Exhibiting violent behavior. When there has been violence or there is evidence of an immediate risk of violence towards self or others.

When calling police for assistance: Things I might be asked.

When calling for yourself:	When calling for someone else:	
	• What is the person's name?	
• What is your name?	• What is going on, or occurring now?	
• What is your location?	• Does he/she have any weapons now, or im-	
• How old are you?	mediate access to weapons? (Keep in mind a	
• What is going on, or occurring now?	weapon can be any object, tool or device that	
• Do you have any weapons?	can be used to hurt themselves or someone else.	
• Are you or anyone else injured? If so, do you	• What is the person doing now?	
need the paramedics?	• Where is the person now? (Be specific. i.e. if	
• What is your description? (What color is	the person is in the house tell the dispatcher	
your hair? How tall are you and how much do	which part of the house the person last seen.	
you weigh?)	• How old is the person?	
• What are you wearing?	• How tall is the person and how much do you	
• Is there anyone else in the house with you?	think the person weighs?	
• Are there any pets on the property?	• What is the person wearing now? (Be prepared	
• Have you been drinking, or using prescribed	to provide an accurate description.)	
or non-prescribed medication or drugs?	• Has the person been drinking (alcohol), using	
	prescribed or non-prescribed medication, or	
	drugs?	
	• Is the person violent now or does the person	
	have a history of violence?	
	• Is the person injured, and if so, does the per-	
	son need paramedics?	
	• Are there any pets on the property.	
	• Is there anyone else in the residence?	

Things I need to remember when police arrive:

- Remain Calm
- Be patient
- Identify yourself
- Secure any knives, guns or other weapons in a safe place prior to officers arriving.
- Have hands free and visible
- If possible, wait in front of residence
- Ask emergency dispatcher for special instructions
- Have lights turned on if dark or nighttime
- Secure Pets
- Identify a primary contact person to communicate with arriving officers
- Be prepared to answer many of the same questions asked by dispatchers
- Let officers know what kind of help you are requesting