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**FOR IMMEDIATE RELEASE:**

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**Joyce Cooling jazz concert in August will benefit NAMI San Diego**

SAN DIEGO—Music for the Mind is a new and exciting series of concerts where Joyce Cooling performances are dedicated to raising funds and awareness for NAMI (National Alliance on Mental Illness).

On Friday, August 6, at 7:30 pm, this dynamic jazz musician will perform at Anthology located in downtown's Little Italy neighborhood between A & Ash streets. A portion of ticket sales and Joyce Cooling merchandise goes to NAMI San Diego. So, just by showing up for a fun, amazing concert, you've donated.

Singer, songwriter and guitarist Cooling is interested in NAMI because her brother was diagnosed with Schizophrenia when he was 21. "From that moment on, his condition - and its relentless dominating presence - has been the single most pressing element in my family's universe," said Cooling, adding that NAMI saved her family when they had nowhere to turn for help. "I want to help NAMI help others."

NAMI San Diego is a non-profit organization that offers help and hope to those who live with mental illnesses and their families. More than 244,000 people are living with mental illness in San Diego alone. In the state of California, 600,000 children, adults and elderly are in need of mental health services that aren't readily available. In our nation, one in five people will suffer from a serious mental illness in their lifetime.

As San Diego's voice on mental illness, NAMI San Diego provides family, teen and corporate outreach services and programs. These include support groups, educational classes, newsletters, outreach presentations and the helpline. These services are offered at no cost to the user, so the organization depends on donations and fundraisers such as this concert.

Get your tickets today at [www.anthologysd.com](http://www.anthologysd.com), or call 619-595-0300. Information on Joyce Cooling is at [www.joycecooling.com](http://www.joycecooling.com)

For more information on NAMI San Diego, call (800) 523-5933. Or visit [www.namisaniego.org](http://www.namisaniego.org)

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